



Guiding Good Choices®

Sessions:

How to Prevent Drug Use in Your Family

How to Develop Healthy Beliefs and Clear Standards

Avoiding Trouble: How to Say No to Drugs

Managing Conflict: How to Control and Express Your Anger Constructively

Involving Everyone: How to Strengthen Family Bonds

This 4 week program is FREE, but you must register.

This program is offered by the Howard County State's Attorney's Office and HC DrugFree in partnership with the Howard County Health Department.

Free Online Classes for Parents and Guardians:

Howard County parents/guardians of 9 to 14 year olds are invited to attend free parenting classes.

Guiding Good Choices® is an evidence-based, interactive prevention program that provides the families with the skills and knowledge to reduce the risk that their children will use drugs. After completing the program, families will be able to:

Influence their children to help prevent drug use and other risky behaviors.

Develop clear family guidelines and expectations about drug use.

Teach children how to stay out of trouble, keep their friends and still have a good time.

Dates: Tuesdays, October 20, 27 and November 10, 17, 2020 (no class on Election Day, November 3)

Time: 6:30 p.m. – 8:00 p.m.

Location: Online using Zoom.

To register, click link below

<https://www.surveymonkey.com/r/HCDrugFreeFall2020>

For more information, contact Joan Webb Scornaienchi, Executive Director, HC DrugFree at Admin@hcdrugfree.org.

HCDrugFree
Empowering the Community